

# Resource Guide for LGBT & Aging in the Austin Area

Researched and Compiled by Lindsy Robertson

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# **Forward**

We all know that the baby boomer generation began turning age 65 in 2011.

AARP estimates that 8,000 people are turning age 65 per day.

<u>MetLife</u> conducted a national survey in 2010 and estimated there are 1.5 million older adults (65 years of age or older) who identify as lesbian, gay, or bi, and hundreds of older adults are estimated who identify as transgender.

According to the <u>Institute of Medicine</u>, by 2030, the population of lesbian, gay, and bisexual older adults is estimated to grow to 3 million, and the number of transgender older adults will also continue to grow, although the Institute does not have an exact number of how large the number will become.

These numbers are bringing visibility to the unique needs, challenges, services, and training needs with LGBT and Aging.

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This project began with the purpose of providing a more complete informational guide for Family Eldercare staff. We discovered many people and organizations have interest in the information so have decided to share this resource guide with our local Austin community.

Any omissions of organizations, programs, services, and other references is not intentional (NOTE: Some organizations we contacted did not give their permission to be included in this guide). This *Resource Guide for LGBT and Aging in the Austin Area* is by no means exhaustive. Please note that additional groups and organizations that serve LGBT older adults may exist and may also only be available by word of mouth.

The intention for this resource guide is to provide support to our local LGBT older adults and to spread awareness of LGBT and Aging needs and services throughout the Austin community.

# **Behavioral Health**

The behavioral health professionals listed in this guide have been located word of mouth by LGBT community members, as well as the GLMA directory.

#### GLMA: Health Professionals Advancing LGBT Equality

Healthcare professionals may register with the GLMA as an LGBT-friendly provider at no cost. Healthcare professionals may become a member for a fee to provide additional information.

Constance George, M.D.
Neuropsychiatric Associates of Austin 1600 W. 38<sup>th</sup> Street, Suite 321
Austin, TX 78731
512-454-5716
Psychotherapy, Psychiatry
GLMA Member

Heather Davies 3400 Kerbey Lane, Box 55 Austin, TX 78703 512-560-7294 Therapy, Transgender/Transition Counseling

Monrovia Van Hoose, LMSW
Transformations Psychotherapy
909 East 49-1/2 Street
Austin, TX 78751
512-529-3318
Counseling, Support Groups, Transgender/Transition Counseling

Rachel Springfield, LCSW 1004 31<sup>st</sup> Street Austin, TX 78705 512-293-6167 Psychotherapy

#### **GLMA**

http://www.glma.org

Nationwide search for LGBT-friendly providers by city or zip code

#### Mary Mattis, LCSW

2312 Western Trails Blvd, Building D, Suite 404 Austin, TX 78745 512-701-7378 director@sococounseling.com http://www.marymattis.com Private therapy for LGBT issues

#### Rachel Cayton Barden, LCSW

9501 Capital of Texas Hwy, Suite 104 Austin, TX 78759 512-587-8076 <a href="http://www.rachaelcbarden.com">http://www.rachaelcbarden.com</a> LGBT-friendly private therapy

#### Waterloo Counseling Center

314 E. Highland Mall Blvd Austin, TX 78752 512-444-9922 info@waterloocounseling.org http://www.waterloocounseling.org

Counseling, Support Groups, Transgender/Transition Support, HIV Support Counseling, and more. Many insurers accepted, including traditional Medicaid and Medicare; sliding scale fee for uninsured.

#### **Recommended Reading:**

Services and Advocacy for GLBT Elders (SAGE): *Mental Health* <a href="https://www.sageusa.org/issues/mental.cfm">https://www.sageusa.org/issues/mental.cfm</a>

Administration on Aging: Older Americans Behavioral Health Issue Brief 11 <a href="http://www.aoa.gov/AoARoot/AoA Programs/HPW/Behavioral/docs2/Issue%20Brief%2011%20Reaching%20and%20Engaging.PDF">http://www.aoa.gov/AoARoot/AoA Programs/HPW/Behavioral/docs2/Issue%20Brief%2011%20Reaching%20and%20Engaging.PDF</a>

National Resource Center on LGBT Aging: *Health and Psychosocial Needs of LGBT Older Adults* <a href="https://www.lgbtagingcenter.org/resources/resource.cfm?r=558">https://www.lgbtagingcenter.org/resources/resource.cfm?r=558</a>

# Caregiving Resources and Support

#### Austin Gay and Lesbian Senior Service (AGLSS)

1700 Rutherford Lane Austin, TX 78754 512-628-1694

#### http://www.aglss.org

AGLSS is part of Family Eldercare, a non-profit organization providing a variety of services to seniors, including subsidized Homemaker and Personal Care Services. Our Care Attendants are trained on a variety of issues related to client care including HIV/AIDS awareness, Mental Health awareness, Dementia and Alzheimer's awareness, the Aging Process, and the LGBT community. The Bettie Naylor Foundation provides additional funds for subsidized in-home care services to LGBT individuals.

#### Family Caregiver Alliance

785 Market Street, Suite 750 San Francisco, CA 94103 800-445-8106

Over 35 years advocating for policies and delivering programs nationwide to support and sustain the quality work of family caregivers and caregiving professionals. Leads quality education, provides compassionate caregiver planning services and works to bridge research and practice to benefit all caregivers.

http://caregiver.org/special-concerns-lgbt-caregivers http://caregiver.org/lgbt-caregiving-frequently-asked-questions Education on Special Topics in LGBT Caregiving

http://caregiver.org/lgbt-caring-community-online-support-group Free online support group for LGBT caregivers

#### **Recommended Reading:**

National Resource Center on LGBT Aging: Four Conversations Caregivers Need to Have Now <a href="http://www.lgbtagingcenter.org/resources/resource.cfm?r=5">http://www.lgbtagingcenter.org/resources/resource.cfm?r=5</a>

National Resource Center on LGBT Aging: *LGBT Caregiver Concerns (Alzheimer's)* http://www.lgbtagingcenter.org/resources/resource.cfm?r=560

National Resource Center on LGBT Aging: *Demystifying Medicare for the Elder LGBT Community* <a href="http://www.lgbtagingcenter.org/resources/resource.cfm?r=600">http://www.lgbtagingcenter.org/resources/resource.cfm?r=600</a>

# **Healthcare**

The healthcare professionals listed in this guide have been located word of mouth by LGBT community members, as well as the GLMA directory.

#### GLMA: Health Professionals Advancing LGBT Equality

Healthcare professionals may register with the GLMA as an LGBT-friendly provider at no cost. Healthcare professionals may become a member for a fee to provide additional information.

Terrance Hines, MD Scott & White Cedar Park West Clinic 12129 FM 620 Suite 600-E Austin, TX 78750 512-336-3400 Family Practice GLMA Member

Renee Lockey, MD
Austin Regional Clinic
OB/GYN
11111 Research Blvd., Suite 475
Austin, TX 78759
512-338-8181
Obstetrics and Gynecology

Eva Montes, PA-C Jefferson Street Family Practice 1101 W 40th St. Austin, TX 78756 512-459-4147 Endocrinology, Family Practice

James Uyeki, M.D.
Texas Oncology
Medical Oncology and Hematology
4101 James Casey Street
Suite 250
Austin, TX 78745
512-396-5199
Hematology-Oncology

Todd Canon, M.D.
South Austin Medical Clinic
2555 Western Trails Blvd, Suite
101
Austin, TX 78745
512-892-6600
Family Practice

Nathan Pope, Pharm. D. Live Oak Pharmacy 1611 W. 5<sup>th</sup> Street, Suite 160 Austin, TX 78703 512-476-8969 Pharmacy, Homeopathy

Kathy Samaniego, AuD 360 Balance Audiology 7900 Shoal Creek Blvd, Suite 200 Austin, TX 78757 512-345-4664 Audiology

Benjamin Fiedler, M.D. Lone Star Circle of Care 2423 Williams Drive Georgetown, TX 78628 512-863-9208 Family Practice

#### allgo

701 Tillery Street, Suite A-1 Austin, TX 78702 512-472-2001

http://allgo.org/allgo

A statewide queer people of color organization. Services include:

- Wellness Program (Health, Education, Advocacy)
  - o Breast Care
  - o HIV/AIDS prevention and safer sex education
- Cultural Arts Program (artistic workshops, performances, events, exhibits)
- Social Events (monthly movie nights, dances, annual statewide summit)
- Multi-Level Action Teams (network of LGBT activists of color across Texas)

#### CommUnityCare/David Powell Health Center

4614 N. IH 35 Austin, TX 78751 512-978-9100

http://communitycaretx.org/locations/davidpowell.html LGBT-friendly provider, specializing in HIV/AIDS treatment

#### **GLMA**

http://www.glma.org

Nationwide search for LGBT-friendly providers by city or zip code

#### Healthcare Equality Index (HEI)

http://www.hrc.org/hei/about-the-healthcare-equality-index#.Uvpp02JdUud

Report that examines healthcare organizations (i.e. hospitals and inpatient facilities) are providing respectful and inclusive care to LGBT populations. These organizations in this report voluntarily took the survey.

#### National LGBT Cancer Network

http://www.cancer-network.org/support groups for survivors

Online support group for LGBT breast cancer survivors. Provided at no cost.

#### Texas HEI Participating Healthcare Facilities

http://www.hrc.org/apps/hei/index.php

Locate information on specific facilities and how they meet the core values of HEI standards. There are 38 healthcare facilities that completed the survey and can be located; however, there are currently no facilities in Austin and the surrounding area.

#### **Recommended Reading:**

Caring and Aging with Pride: The Aging and Health Report

http://caringandaging.org/wordpress/wp-content/uploads/2011/05/Full-Report-FINAL-11-16-11.pdf

Services and Advocacy for GLBT Elders (SAGE): *LGBT Health, Racial Disparities, and Aging by the Numbers* 

http://www.sageusa.org/resources/publications.cfm?ID=206

Human Rights Campaign: *Protecting Your Visitation & Decision-Making Rights* <a href="http://www.hrc.org/resources/entry/protecting-your-visitation-decision-making-rights">http://www.hrc.org/resources/entry/protecting-your-visitation-decision-making-rights</a>

Human Rights Campaign: *Legal Documents to Protect Your Family* <a href="http://www.hrc.org/resources/entry/legal-documents-to-protect-your-family">http://www.hrc.org/resources/entry/legal-documents-to-protect-your-family</a>

Human Rights Campaign: *Coming Out to Your Doctor* <a href="http://www.hrc.org/resources/entry/coming-out-to-your-doctor">http://www.hrc.org/resources/entry/coming-out-to-your-doctor</a>

GLMA: Ten Things Transgender Persons Should Discuss with Their Healthcare Care Provider <a href="http://www.glma.org/index.cfm?fuseaction=Page.viewPage&pageID=692">http://www.glma.org/index.cfm?fuseaction=Page.viewPage&pageID=692</a>

# Legal Services

#### **Equality Texas**

P. O. Box 2340 Austin, TX 78768-2340 512-474-5475 Info@EqualityTexas.org http://www.equalitytexas.org

Equality Texas works to secure full equality for lesbian, gay, bisexual, and transgender Texans though political action, education, community organizing, and collaboration.

#### Lambda Legal

120 Wall Street, 19th Floor New York, NY 10005 212-809-8585 http://www.lambdalogal.org

http://www.lambdalegal.org/issues/seniors

2500 Oak Lawn Ave, Suite 500

Dallas, TX 75219 214-219-8585

http://www.lambdalegal.org/states-regions/texas

A national non-profit legal organization with a mission to achieve full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and those with HIV. This organization provides education, public policy, and selects cases for impact litigation on a variety of special interest areas, including seniors. State-specific information is provided. Legal questions can be submitted online or via phone at 866-542-8336.

#### **Recommended Reading:**

National Resource Center on LGBT Aging: *The Legal Documents that Every LGBT Older Adult Needs* 

http://www.lgbtagingcenter.org/resources/resource.cfm?r=3

National Resource Center on LGBT Aging: *Key Legal Issues Faced by Older LGBT Adults* http://www.lgbtagingcenter.org/resources/resource.cfm?r=423

American Society on Aging: *LGBT Older Adults and Guardianship Issues* <a href="http://www.asaging.org/blog/lgbt-older-adults-and-guardianship-issues">http://www.asaging.org/blog/lgbt-older-adults-and-guardianship-issues</a>

Family Caregiver Alliance: *Legal Issues for LGBT Caregivers* <a href="http://www.caregiver.org/legal-issues-lgbt-caregivers">http://www.caregiver.org/legal-issues-lgbt-caregivers</a>

Lambda Legal: Tools for Life and Financial Planning

http://www.lambdalegal.org/publications/take-the-power

# **Miscellaneous**

Some areas related to LGBT and Aging are very important but have few resources in our local area. Below are resources and links to review and consider.

#### Austin Gay and Lesbian Chamber of Commerce (AGLCC)

P.O. Box 49216 Austin, TX 78765 512-761-5428 info@aglcc.org

http://www.aglcc.org

A resource of all gay-friendly businesses, including where to shop, things to do, arts and entertainment, and organizations to support.

Services include:

- LGBT Business Networking and Educational Events (Happy Hour, Luncheons)
- Directory of LGBT Businesses
- Schedule of Events with directory members
- Quarterly Magazine, *The Agenda* <a href="http://www.austinagenda.com">http://www.austinagenda.com</a>

#### Nationally Recognized Training

National Resource Center on LGBT Aging

https://www.lgbtagingcenter.org/training/index.cfm

2014 Winner of the Gloria Cavanaugh Award for Excellence in Training and Education Winner for their culturally competency training program. In-person and webinar training are available for organizations.

#### Search Trained Agencies

http://www.lgbtagingcenter.org/training/agencies.cfm

Locate organizations that are trained by the National Resource Center on LGBT Aging (you can search by type, including social services, skilled nursing/nursing homes, AAA, APS, Veteran's Administration). Please note that this does not include agencies who use other LGBT training materials for their staff.

#### Volunteer Education Ambassador

http://www.lgbtagingcenter.org/training/ambassadors.cfm

These ambassadors can be requested to speak (for free) to community about LGBT aging issues. There are currently only two ambassadors in Texas and they are both located in Houston.

#### **HIV/AIDS**

#### AIDS Services of Austin (ASA)

P.O. Box 4874 Austin, TX 78765 512-458-2437

asa.mail@asaustin.org

http://www.asaustin.org

Provides services to people living with HIV/AIDS, including counseling, case management, social support, food supplementation, oral healthcare, and more. Also does prevention outreach and has a LGBTQ-friendly space at the Q Austin that provides peer support, education, and a safe space for young adults.

#### allgo

701 Tillery Street, Suite A-1 Austin, TX 78702 512-472-2001

http://allgo.org/allgo

A statewide queer people of color organization. Services include:

- Wellness Program (Health, Education, Advocacy)
  - Breast Care
  - o HIV/AIDS prevention and safer sex education
- Cultural Arts Program (artistic workshops, performances, events, exhibits)
- Social Events (monthly movie nights, dances, annual statewide summit)
- Multi-Level Action Teams (network of LGBT activists of color across Texas)

#### **Project Transitions**

P.O. Box 4826 Austin, TX 78765 512-454-8646

info@projecttransitions.org

http://www.projecttransitions.org

Provides residential hospice, transitional housing, and support services to individuals experiencing HIV/AIDS. Support services range from housing case management to group counseling to financial education to coaching to social activities and more.

#### The Care Communities

314 East Highland Mall Blvd, Suite 495 Austin, TX 78752 512-459-5883 info@thecarecommunities.org

http://www.thecarecommunities.org

Provides care teams of volunteers to support individuals and families experiencing HIV/AIDS or cancer. We also provide emotional support to individuals newly diagnosed with cancer, matching them with a peer who has experience with the same type of cancer.

#### The Wright House Wellness Center

4301-B North I-35 Austin, TX 78722 512-467-0088

info@thewrighthouse.org

http://www.thewrighthouse.org

Works to improve the lives of Central Texans living with, at risk for, and affected by HIV, AIDS, and Hepatitis C through outreach, education, health and holistic services, and care coordination.

#### **Recommended Reading:**

HIV/AIDS and Aging Symposium <a href="http://hivandaging.wordpress.com">http://hivandaging.wordpress.com</a>

Administration on Aging: *Older Adults and HIV*<a href="http://www.aoa.gov/AoARoot/Press Room/Products Materials/fact/pdf/Seniors and HIVVAIDS.pdf">http://www.aoa.gov/AoARoot/Press Room/Products Materials/fact/pdf/Seniors and HIVVAIDS.pdf</a>

Services to Advocacy to GLBT Elders (SAGE): Fighting HIV/AIDS: National Black HIV/AIDS Awareness Day

http://blog.sageusa.org/blog/hiv-aging

# **Bisexual Specific**

In the LGBT older adult population, bisexual older adults are the minority in terms of research and awareness. Bisexual older adults experience almost complete invisibility, so additional bisexual-specific information is provided below.

National Resource Center on LGBT Aging: *Aging Bisexuals – What's Your BiQ?* <a href="http://www.lgbtagingcenter.org/resources/resource.cfm?r=526">http://www.lgbtagingcenter.org/resources/resource.cfm?r=526</a>

Bisexual Resource Center: *Way Behind the Binary* <a href="http://www.biresource.net/waybeyondthebinary.shtml">http://www.biresource.net/waybeyondthebinary.shtml</a>

Sexuality and Aging Blog: *Being Bisexual* <a href="http://www.sexualityandaging.com/being-bisexual">http://www.sexualityandaging.com/being-bisexual</a>

### **Religious Institutions**

This list was compiled by LGBT community members for religious institutions that are welcoming to LGBT. This list was provided by the University of Texas Gender and Sexuality Center: LGBT Off Campus Resources.

#### Austin Friends Society

3701 East MLK Blvd Austin, TX 78721 512-452-1842 http://www.austinguakers.org

#### Austin Zen Center

3014 Washington Square Austin, TX 78705 512-452-5777 http://www.austinzencenter.org

#### Congregation Beth Israel

3901 Shoal Creek Blvd Austin, TX 78756 512-454-6806 http://www.bethisrael.org

#### First English Lutheran Church

3001 Whitis Ave Austin, TX 78705 512-478-1933 info@felcaustin.org http://www.felcaustin.org

#### First Spiritualist Church of Austin

4200 Avenue D Austin, TX 78751 512-458-3987 http://www.firstspiritualistchurchofaustin.com

#### First Unitarian Universalist Church of Austin

4700 Grover Ave Austin, TX 78756 512-452-6168 info@austinuu.org http://austinuu.org

# St. Andrew's Presbyterian Church

14311 Wells Port Drive Austin, TX 78728 512-251-0698 http://www.staopen.org

#### St. David's Episcopal Church

301 E. 8<sup>th</sup> Street Austin, TX 78701 512-610-3500 GLEE (Gay, Lesbian, and Everyone Else) Group sarah.kapostasy@gmail.com http://www.stdave.org

#### St. James Episcopal Church

1941 Webberville Road Austin, TX 78721 512-926-6339 info@stjamesaustin.org http://www.stjamesaustin.org

#### Texas Hillel

The Topfer Center for Jewish Life The Abe & Annie Seibel Building 2105 San Antonio Street Austin, TX 78705 512-476-0128 info@texashillel.org http://www.texashillel.org

# Trinity United Methodist Church

4001 Speedway Austin, TX 78751 512-459-5835 mail@tumc.org http://www.tumc.org

#### Grace United Methodist Church

205 East Monroe Street Austin, TX 78704 512-442-5944 graceumcaustin@sbcglobal.net http://gracemethodistaustin.org

#### MCC Austin at Freedom Oaks

8601 South 1st Street Austin, TX 78748 512-291-8601 office@mccaustin.com http://www.mccaustin.com

## University Baptist Church

2130 Guadalupe Street Austin, TX 78705 512-478-8559 staff@ubcaustin.org http://www.ubcaustin.org

#### Gay Church

#### http://www.gaychurch.org

An online resource to locate LGBT friendly churches worldwide based on zip code, address, state, or country. Christian institutions on this website confirm that they are affirming, or welcoming, to LGBT individuals in order to be listed.

## **Socialization and Engagement**

#### allgo

701 Tillery Street, Suite A-1 Austin, TX 78702 512-472-2001

http://allgo.org/allgo

A statewide queer people of color organization. Services include:

- Wellness Program (Health, Education, Advocacy)
  - o Breast Care
  - o HIV/AIDS prevention and safer sex education
- Cultural Arts Program (artistic workshops, performances, events, exhibits)
- Social Events (monthly movie nights, dances, annual statewide summit)
- Multi-Level Action Teams (network of LGBT activists of color across Texas)

#### Austin American Statesman

http://www.austinchronicle.com/calendar/the-gay-place Listing of events of interest to the LGBT community

#### Austin Galano Club

6809 Guadalupe St Austin, TX 78752

http://www.austingalano.org

Serves GLBTQ & Allies in Recovery

- 12-step programs
- Socialization opportunities, including education and volunteer experiences

The LGBTQ Aging Group is a meeting of persons concerned with the housing crisis for members of the community who have limited income and who want to be included in a community of their peers. It meets when there is a request for information or networking to bring aging LGBTQ persons together. Please refer to the calendar for schedule of all meetings and conversations.

#### Austin Prime Timers

P.O. Box 142303
Austin, TX 78714
info@austinptww.org

http://www.austinptww.org

A social organization for mature gay and bi-sexual men for food, conversation, friendship, and other activities. Please refer to the calendar for schedule of all activities.

#### **Equality Texas**

P O Box 2340 Austin, TX 78768-2340 512-474-5475

Info@EqualityTexas.org

http://www.equalitytexas.org

Equality Texas works to secure full equality for lesbian, gay, bisexual, and transgender Texans though political action, education, community organizing, and collaboration.

### Old Lesbians Organizing for Change (OLOC)

P. O. Box 5853 Athens, OH 45701 888-706-7506 info@oloc.org

http://www.oloc.org

A national organization for lesbians age 60 and older providing education and support surrounding ageism. Opportunities for national gatherings and online resources are available.

# **Substance Abuse/Recovery**

Austin Galano Club

6809 Guadalupe St Austin, TX 78752

http://www.austingalano.org

Serves GLBTQ & Allies in Recovery

- 12-step programs
- Socialization opportunities, including education and volunteer experiences

The LGBTQ Aging Group is a meeting of persons concerned with the housing crisis for members of the community who have limited income and who want to be included in a community of their peers. It meets when there is a request for information or networking to bring aging LGBTQ persons together. Please refer to the calendar for schedule of all meetings and conversations.

### **Transgender Specific Resources**

In the LGBT older adult population, transgender older adults are the minority in terms of research and programs. Transgender older adults experience aging differently and with higher rates of disparities than lesbian and gay older adults, so additional transgender-specific information is provided below.

#### Transgender Education Network of Texas (TENT)

3515B Longmire Drive # 299 College Station, TX 77845 877-532-6789

http://www.transtexas.org

Promotes gender diverse equity through education, empowerment, and advocacy. TENT provides cultural competence presentations to organizations and businesses, one-on-one mentorship for transgender individuals, and other resources.

#### **Recommended Reading:**

National Center for Transgender Equality: *Improving the Lives of Transgender Older Adults* <a href="http://transequality.org/Resources/TransAgingPolicyReportFull.pdf">http://transequality.org/Resources/TransAgingPolicyReportFull.pdf</a>

Services and Advocacy for GLBT Elders (SAGE): *Transgender Aging* https://www.sageusa.org/issues/transgender.cfm

#### Travel

#### Austin Gay and Lesbian Chamber of Commerce (AGLCC)

P.O. Box 49216 Austin, TX 78765 512-761-5428

info@aglcc.org

http://www.aglcc.org

http://www.aglcc.org/directory/list/1284/Travel---Lodging

A resource of all gay-friendly businesses, including where to shop, things to do, arts and entertainment, and organizations to support. AGLCC has a specific section on travel and lodging.

#### Community Marketing Inc.

584 Castro Street # 834 San Francisco, CA 94114 415-437-3800

info@CommunityMarketingInc.com

http://www.communitymarketinginc.com/gay-lesbian-marketing-tools-for-tourism-hospitality/gay-lesbian-tourism-demographic-profile-gay-demographics

Provides an annual LGBT Tourism Survey online. This organizations is a National Gay and Lesbian Chamber of Commerce (NGLCC) certified LGBT owned business enterprise.

#### **Recommended Reading:**

British Broadcasting Corporation: *US Officials Put a Focus on LGBT Travellers* <a href="http://www.bbc.com/travel/blog/20130220-us-officials-put-a-focus-on-lgbt-travellers">http://www.bbc.com/travel/blog/20130220-us-officials-put-a-focus-on-lgbt-travellers</a>

National Center for Transgender Equality: *Travel* <a href="http://transequality.org/Issues/travel.html">http://transequality.org/Issues/travel.html</a>

USA Today: *Gay Travel Advice* 

http://traveltips.usatoday.com/gay-travel-advice-17208.html

# **References for More Information**

#### American Psychological Association

http://www.apa.org/pi/lgbt/resources/guidelines.aspx Guidelines to Working with LGBT individuals

#### American Medical Association

http://www.ama-assn.org//ama/pub/about-ama/our-people/member-groups-sections/glbt-advisory-committee/glbt-resources/create-lgbt-friendly-practice.page Guidelines to Working with LGBT individuals

NASW: National Committee on Lesbian, Gay, Bisexual, and Transgender Issues <a href="http://www.socialworkers.org/governance/cmtes/nclgbi.asp">http://www.socialworkers.org/governance/cmtes/nclgbi.asp</a> Guidelines to Working with LGBT individuals

# Organizations to Follow for Continuing Education on LGBT and Aging Issues

#### American Society on Aging

http://www.asaging.org/education/5

http://www.asaging.org/lain

#### Forge Forward

http://forge-forward.org/aging

### Human Rights Campaign

http://www.hrc.org/resources/category/health-and-aging

### National Gay and Lesbian Task Force

http://www.thetaskforce.org

#### National Resource Center on LGBT Aging

http://www.lgbtagingcenter.org

Services and Advocacy for Gay, Lesbian, Bisexual, and Transgender Elders (SAGE) <a href="http://www.sageusa.org">http://www.sageusa.org</a>

# Websites that list Local and State LGBTQ resources and organizations

#### Gay in Austin

http://www.gayinaustintexas.com/gay-community-involvement-organizations-in-austin/Local resources

#### Gay Texas

http://www.gaytexas.org/directory.htm Statewide resource

### **University of Texas**

http://www.utexas.edu/law/orgs/outlaw/links.html Local, State, Nationwide resources

# **Special Thanks**

I would like to thank Family Eldercare for allowing me the opportunity to create this resource guide for them and the greater community. A special thanks goes to Family Eldercare staff Joyce Hefner, Andrew Rivera, Cheryl Young, and Emily Habermehl for reviewing this resource guide. I would also like to thank Lisa Daly, former Family Eldercare AGLSS Coordinator, and Shane Whalley, Education Coordinator of the Gender and Sexuality Center at the University of Texas in Austin, for speaking with me about LGBT and aging issues and assisting with resources.

Thank you to all organizations, agencies, and individuals who will use this resource guide to support our local LGBT older adult population.

**Lindsy Robertson**